



What is a Big Love Box?

It answers an immediate need and is filled with essentials that an individual or a family desperately require but ideally will also contain something connected to the recipient’s interests, hobbies or passions – an item intended to nourish the soul.

How can you help?

Build a Big Love Box! We will provide you with the story of a person or a family who’s in need of our help. Fill a recyclable box with items that the recipient needs and with a good dose of love. Decorate the box in any way that you like and include a handwritten note of support, reminding the recipient that they matter and belong.

Build the box as a family, so that our children learn the importance of community, compassion and kindness. Why not invite your loved ones over for a Big Love Box Bash and work together to make someone else’s life a little brighter?

PS. We’ll handle delivery and help carry your ripples of love out into our community.

Suggestions of items to include in a Big Love Box. Please remember that for health and safety reasons, all items need to be new and in their original packaging. We also request that any toiletries be full size, rather than travel/mini size.

<ul style="list-style-type: none"> - any items specified in the profile - items connected to the recipient’s interests/hobbies - deodorant - toothpaste - toothbrush - floss - soap - shampoo - conditioner - razors (disposable) - hairbrush / comb - facial wipes - sanitary products - body wash / shower gel - bed sheets (single size) - towel set 	<ul style="list-style-type: none"> - store voucher - movie voucher - toiletry bag - moisturiser - hand sanitiser - lip balm / chapstick - accessories (For e.g. scarf, beanie, cap) - herbal tea - inspirational reading material - eye pillow - journal - mints /gum - handwritten note of support and encouragement And lots of love! Nat & Karina xx
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